



BOYS & GIRLS CLUBS OF THURSTON COUNTY

Title:	Youth Mental Health Coach
Category:	Part-time, Non-Exempt
Department:	County-Wide (All Branches)
Reports To:	Director of Operations
Salary Range:	\$17.50-20.00/hour
Schedule:	Mon-Fri 12:00 – 6:15 pm

About Us

The Boys & Girls Clubs of Thurston County (BGCTC) inspire and enable youth to realize their greatness. Our seven Clubs in Lacey (2), Olympia, Rochester, Tenino, Tumwater, and Yelm collectively serve nearly 3,000 youth and teens annually with safe, fun, and supportive spaces during critical out of school time. Founded in 2001, BGCTC has nearly 75 employees and an operating budget of \$2.8 million. CEO Chris Woods leads the organization and receives guidance from a board of directors. BGCTC's administrative office manages human resource, financial, resource development, communications and marketing, and operational activities for Club locations.

Job Summary

The BGCTC Youth Mental Health Coach works collaboratively with participating Club members from branch locations throughout Thurston County to set and achieve behavioral goals using a Cognitive Behavioral Therapy approach. This position leads the [Kaila's Kids](#) program serving youth struggling emotionally and behaviorally and provides mental health coaching allowing them to practice and participate in the Club environment using the tools and skills gained.

Staff and parents identify and enroll Club members experiencing mental health challenges or needing assistance and coaching with behaviors requiring individual attention. Club member needs addressed by the program might include impulse control, anger management, emotional regulation, or strengthening social skills.

Youth engage evidence-based programs tools such as familiar games, along with strategies designed by the Skills Coach, to create fun and meaningful opportunities to practice and achieve behavior goals. The Skills Coach builds on each child's individual strengths and interests to keep them engaged and feeling accomplished.

Primary Duties

In addition to meeting and facilitating sessions with youth during active Club hours, daily tasks include reviewing incident reports, responding to email and phone calls, and communicating with Club staff and families. The Skills Coach maintains case files for each child, monitors progress, and communicates plans and outcomes with parents/guardians, teachers, and Club staff when needed. Some case management tasks can be completed remotely. Candidates must be willing to travel on a daily basis between Club locations in Thurston County.

Essential Job Responsibilities

- Oversee the planning, marketing, and delivery of the *Kaila's Kids* mental health program.
- Enroll members to participate in the program.
- Assess the behavioral and mental health of participants.
- Provide one-on-one and small group sessions to achieve participants' goals.
- Complete necessary intake and evaluation documentation.
- Communicate progress directly to parents and staff.
- Provide a personalized approach to working with select families, when needed.

Additional Responsibilities

- Attend meetings as requested.
- Attend ongoing meetings with the Director of Operations, Branch Directors, and parents.

Relationships

- **Internal:** Maintain contact with Operations staff to provide technical assistance in matters of support to Club youth; interact regularly with BGCTC Director of Operations, Area Director, and Branch staff to provide updates and work together on support plans for youth. Support and interact with BGCTC Administrative office personnel.
- **External:** Maintain contact with Club parents and guardians, teachers, and school liaisons.

Skills/Knowledge Requires

- Certified, licensed mental health professional.
- Ability to work in a kid-centric environment.
- Experience in pediatric counseling, specifically with at-risk youth.
- Minimum two years of experience working in direct service delivering mental health support to youth.

- Solid verbal and written communication skills.
- Strong organization skills.

Disclaimer

The information presented here indicates the general nature and level of work expected of employees in this classification. It is not designed to contain, nor is it to be interpreted as, a comprehensive inventory of all duties, responsibilities, qualifications, and objectives required of employees assigned to this job.

Application Details

This position is **Open Until Filled**. To apply, send application and cover letter to BGCTC Director of Operations Shellica Trevino at strevino@bgctc.org.

To learn more about our organization, visit www.bgctc.org.